



SAILING INSTRUCTIONS

Edgewood Yacht Club & Edgewood Sailing School

Thirteenth Annual OPTIMIST INVITATIONAL

Sunday, August 2, 2026

The Organizing Authority for the 2026 Optimist Invitational Regatta will be Edgewood Sailing School.

1. RULES

1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) for 2025-2028.

2. PERSONAL FLOTATION

2.1 Competitors shall wear USCG approved Type III personal flotation at all times while on the water.

3. NOTICES TO COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located at the registration table.

4. CHANGES TO SAILING INSTRUCTIONS

4.1 Any changes to the sailing instructions will be posted before 1200 on the day of the Regatta.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be announced to competitors from the registration table.

6. SCHEDULE OF RACES (tentative; subject to adjustment)

- 1000 Earliest arrival at Edgewood Yacht Club
- 1030 Check-in begins at Edgewood Yacht Club, 1 Shaw Avenue, Edgewood, Rhode Island 02905.
- 1130 Skippers meeting at the mid-marina "T-Dock."
- 1200 Marina start.
- 1230 Warning signal for the 1st race.
- 1500 No warning for a new race after this time.

There is a goal of five (5) races, but fewer or more races are possible. One (1) race constitutes a regatta.

7. CLASS FLAGS

7.1 White flag with a blue Optimist class symbol (if available) or orange flag with no symbol.

8. RACING AREAS

8.1 The racing area will be as close to the marina as conditions permit.

9. COURSES

9.1 Triangle and windward-leeward courses (either once or twice around) will be selected. The race committee may move marks to maintain course configuration without a signal. The Race Committee (RC) will announce the course verbally and/or display numbers on white placards.

10. MARKS

10.1 Marks for the course will be orange/red/yellow balls, cylinders, or tetrahedrons, or may be other indications as announced.

11. START & FINISH

11.1 Starts will be signaled in accordance with the S (Whistle Start) system, with the warning given 3 minutes before the start. The start/finish line may use a committee boat OR the marina at one end, and an orange/red/white mark for the pin.

12. TIME LIMIT

12.1 Boats whose places have been established may be finished by the Race Committee in order to expedite the next start.

13. PROTESTS & PENALTIES

13.1 Protests are discouraged in favor of sailors resolving issues among themselves, on the water if possible. Protesting boats shall inform the Race Committee of the boat being protested immediately after finishing. Appendix T1, T2 and T3 will apply as described in the sailing instructions.

14. SCORING

14.1 The completion of at least one (1) race will constitute a regatta. The low-point scoring system of Appendix A will apply, except that a boat's series score shall be the total of all her scores when fewer than four (4) races have been sailed. In the event of four or more (4) races, her lowest score will be dropped. One or more races will constitute a regatta.

15. SAFETY REGULATIONS

15.1 A boat that retires from a race shall notify the race committee as soon as possible.

16. TROPHIES

16.1 Trophies will be awarded to the top 10 finishers, if there are 10 or more participants.

17. DISCLAIMER OF LIABILITY

17.1 Participants in this event compete entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury sustained in conjunction with or prior to, during, or after the regatta. All participants must have submitted a properly executed waiver of liability and consent to medical treatment in the form attached to the Notice of Race.